

# Wearing a Face Shield



## How to wear a face shield

- ✓ Perform hand hygiene before applying any PPE.
- ✓ If wearing a surgical mask or face covering, please fit prior to fitting your face shield.
- ✓ In fitting your face shield, ensure the forehead band should sit approximately 1/2 – 1 inch above the eyebrows, with the bottom of the shield sitting below chin level.
- ✓ You must always have your face shield with the shield down. The shield should never be pushed to the “up” position.
- ✓ Avoid touching the front of the face shield to avoid contamination.

## How to remove the face shield

Removing the face shield should be undertaken with caution due to the potential

- risk of contamination,
  - risk of breaking the face shield which can occur when trying to remove it by pushing upward on the bottom of the clear shield.
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- ✓ Remember to perform hand hygiene before and after removing the face shield.
  - ✓ Depending on the design of the shield, loosen the tension face shield where possible and lift the face shield off with a straight upward motion of the headpiece (not the clear shield).



*\*Please note face shields may vary in design*

## Cleaning of your face-shield

Your shield should be cleaned;

- When the shield is removed after being in a direct intimate care role with close contact (less than 2 meters) or after supervising a person with Covid-19 symptoms within 2m.
- On a regular basis when working in a role without direct intimate care e.g in the classroom, an office, site duties etc...
- If your shield is visibly soiled.

1. Perform hand hygiene.
2. Carefully wipe the inside, followed by the outside of the face shield using an approved cleaner/disinfectant/wipes etc.

N.B The face shield can build up a 'film' over time and may become foggy and difficult to see out of. After you disinfect your shield you may wash it with hot water and soap occasionally. This may help prevent build up from the disinfectant.

3. Inspect for damage; if the shield is damaged dispose.
4. Fully air dry.
5. Perform hand hygiene.
6. Place in the face shield in a clean location labelled with your name.
7. Perform hand hygiene.