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HEALTHY SCHOOLS VALIDATION VISIT

On Thursday 8th May we welcomed two external assessors to validate our reaccreditation for Healthy Schools Status. During the day, Saira and Emma had a very thorough look at everything school does in relation to: Physical Activity, PSHCE, Healthy Eating and Emotional Health and Wellbeing. As well as looking at policies, they spent time talking to staff, governors, parents and most of all, children. At the end of the day, Mrs Mullens, Mrs Hattersley and I received verbal feedback and we will shortly receive a report which I hope to be able to share with you.

They were extremely positive about Westgate, from the most general to the very specific. It would take too long to go into detail here but suffice to say they were impressed! Next year is the 15th anniversary of the Healthy Schools standards and following on from Saira's and Emma's visit they have invited us to be one of 15 schools chosen to share our best practice at a celebration conference showcasing the best of Healthy Schools work across the city. We are very proud to have been asked to contribute in this way. Most of all, however, we are all very proud of all the children, who all contributed to the success of the day and spoke so positively to our visitors about so many aspects of school life, and in particular the children who took part in group interviews. Thank you to Mrs Mullens and Mrs Hattersley who lead our work on Healthy Schools and most of all- Well Done Westgate!



Helen Carpenter
Head Teacher

**DON'T FORGET: WE HAVE A TRAINING DAY ON FRIDAY THIS WEEK!
SCHOOL IS CLOSED TO NURSERY ONLY TOMORROW (THURSDAY) DUE TO POLLING.
HAPPY HALF TERM WHEN IT COMES... SCHOOL REOPENS ON MONDAY 2ND JUNE ☺**

OTLEY FOOD BANK

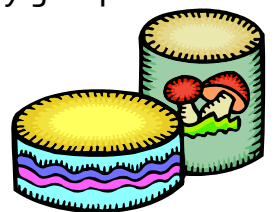
From Becky Berry, mother of Thomas:

"Help local families in need by donating food to Otley Food Bank on Wednesday 2nd and Thursday 3rd of July. Friends of Westgate will be collecting under the gazebo before and after school. If you can bring just one thing (or more!) it would be amazing.

"This fantastic charity provides families, couples and individuals in crisis with emergency food parcels. It is a vital and well utilised service run by local churches and community groups.

"You can help by donating items from the list below :

Soap and toiletries, milk (UHT), tea bags, instant coffee, fruit juice (longlife), soup, tinned tomatoes, tinned spaghetti, tinned potatoes, tinned meat or fish, tinned vegetables, tinned fruit, tinned rice pudding, tinned sponge pudding, noodles, rice, instant mash, pasta sauces, jam, sugar, breakfast cereals, biscuits and snack bars, crisps.



Thank you!"

WAKE UP SHAKE UP COMPETITION

After half term, there will be a School Wake Up Shake Up Competition, on Monday 9th June in front of the whole school. Children in Y1-Y6 are invited to create a 3 minute fitness routine in groups of up to 10 children, judged on:

- Creativity of routine
- Enthusiasm / Energy
- Interpretation of the music
- How FUN the routine is
- How well the group movement is synchronised
- How well it can be taught to other pupils

Our key stage 1 and key stage 2 winning groups will go forward to the area competition, which is on **Wednesday 18th June from 15:30 – 17:00 at Ralph Thoresby School**. School's competition will be judged by Y6 as they are unable to go to the area competition (it clashes with Robinwood!)

FRIENDS OF WESTGATE



At last week's meeting, we discussed this year's big finance project, the playground markings, and what a positive enhancement they were to the outdoor area and

children's break times. Discussion then went on to next year's target and we would like fundraising for the next 12 months to focus on raising money to purchase and install **stage lighting** for use in productions and shows in the school hall.

The Friends would also welcome ideas for other smaller scale spending projects for the coming year, so get in touch with Claire Marsh as treasurer if you have any suggestions!

CARNIVAL

The creative team have come up with some beautiful costume ideas which they have shared with the children in assembly and about which you have received a letter. We plan to make costumes with those children taking part, in school on Thursday 12/06/14 (Y1 and Y6) and week beginning 16/06/14 for everyone else.



LEEDS NORTH WEST PRIMARY SCHOOLS' XC LEAGUE

"Thursday 1st May saw the first ever Otley and Pool Primary Schools' Cross Country meet! Us organisers were calling it a trial run and we certainly had some teething problems that will be swiftly ironed out. We managed to choose the dampest and coldest day possible, however I see that as an important test – and taste – of things to come when we start the league in earnest this Autumn. Cross country running is meant to be a muddy experience and is not to be confused with track running! About 200 children took part in total. Westgate overall places in the meet were as follows:

GIRLS

Year 2: 3rd Evie Winspear

Year 4: 1st Erin Fuller,
2nd Abigail Campbell

BOYS

Year 2: 3rd Henry
Silverwood

Year 4: 2nd George
Lunn

Year 5: 1st Jenson
Brogden

Year 6: 2nd Callum Martin

Well done to everyone who took part!"



Tamara Weatherhead

OTLEY COURTHOUSE FAMILY DAY

May 26th, 10am - 4pm

Otley Courthouse will be celebrating its



10th Birthday with a feast of activities for children under 13. There will be a magical, immersive puppet show in a white dome tent called Landscapes, mosaic-making workshops with the Big Hoo-ha Co, and a Teddy Bear's Picnic in our

Courtyard. We hope you'll join us for this delightful Bank Holiday celebration.

SCHOOL MEALS INFORMATION

Children are able to concentrate and learn better when they have eaten a healthy, balanced lunch – school meals can be the simple solution.

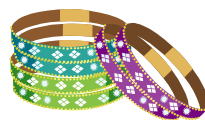
NEWS... from September 2014, school meals for ALL children in Reception, Year 1 and Year 2 are completely FREE! This will provide a saving to families of £430 per year for each child.

We are expecting these changes to have an impact on how many meals are served each day, so there will be some changes to timings to accommodate this. **In September, Reception and Key Stage 1 children will continue to have lunch time from 12:00 till 13:00, with Key Stage 2 children beginning their lunch time at 12:25 till 13:20.** This will give us the additional serving time required and we are also hopeful that it means we will no longer have to seat Y5/6 children with packed lunches in a classroom. At Westgate we serve 3 meal choices each day, consisting of: two main courses (one of which is a vegetarian meal) and a jacket potato or sandwich option. Each meal includes a main course, vegetables and salad, pudding of the day or fruit or yoghurt and chilled water.

- Meals are freshly made every day using great quality produce:
 - Fresh vegetables and potatoes, locally when in season
 - UK farm assured chicken, beef and lamb
 - Free range eggs from East Yorkshire
 - 100% salmon and white fish fillet from sustainable sources
 - Dolphin-friendly tuna
 - Choice UK cheddar
- Menus are designed to provide healthy, balanced meals which will be enjoyed by children
- Menus meet the Government guidelines for school meals
- All medical and religious diets can be catered

A copy of our current menu is available on the website/ noticeboard. For more information please speak to our office staff or ask to have a chat with our cook, Mrs Marshall, who will be happy to answer your questions.

FRIENDSHIP BRACELET SALE FOR MARTIN HOUSE



Children in Y5 are busy making friendship bracelets and rainbow loom bands to sell in order to raise money for our school charity, Martin House. The bands and bracelets will be on sale for 50p each after school on Tuesday 3rd June in the gazebo.

DANCE CLUBS



Otley, Pool and Bramhope Cluster are pleased to announce that we are funding the following dance classes commencing on Friday 6th June at Burras Lane Scout Hut, Otley:

- 4pm-5pm: Age 4-6 - Ballet/ Musical Theatre £3
- 5pm-6pm: Age 7-11 - Street/ Musical Theatre £3

All abilities are welcome, we look forward to seeing you there!

Will be lots of fun. For more info or to book email info@leedsarts.co.uk or just turn up!

THE PACKED LUNCH PROJECT

"We are researchers from Leeds Metropolitan University and we are conducting a survey of parents' views on packed lunches in primary schools. Our survey is open to all parents with children in primary schools, both having school dinners and packed lunches. We are hoping to find out more about parents' perspectives on packed lunches and want to explore parents' decision to send their child to primary school with a packed lunch or not."

"We are keen to get as many parents as possible to fill our survey in. It will only take 5-10 minutes."

The survey can be found at:

<http://surveys.leedsmet.ac.uk/snapwebhost/s.asp?k=139869340412> "

